

Building Blocks for Life: Self-Control

2 Peter 1:2-8

Review

God has given us everything we need for life *2 Peter 1:3*

Faith is the Foundation

There are building blocks or seven steps that help us to become all that God wants us to be.

1. Virtue
2. Knowledge
3. Self-Control
4. Perseverance
5. Godliness
6. Brotherly Kindness
7. Love

Step 1: Virtue

Virtue is the pendulum that everything in our lives hinges upon. Virtue is giving our best, completely, without withholding or hiding anything so that everything we do will be done to perfection. Our True faith is expressed in our virtues.

Step 2: Knowledge

Knowledge is the tool that gives the believer power to make good decisions in life and avoid mistakes. It is more valuable than Gold. Knowledge is health and life to the soul and fools hate it.

Step 3: Self-Control

Self-Control

is the ability to control one's emotions, behavior and desires in order to obtain some reward later, and is the capacity of efficient management to the future.

Self-Control is harnessing power to be used in a constructive manner rather than a destructive one.

1. _____

Jeremiah 17:9

"The heart is deceitful above all things, And desperately wicked; Who can know it?"

- a. Temper b. Self-Esteem c. Depression d. Loneliness e. Lust

2 Corinthians 10:5

casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,

2. _____

Galatians 5:24

And those *who are* Christ's have crucified the flesh with its passions and desires.

Galatians 5:16-17

16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.

3. _____

Proverbs 18:21

Death and life are in the power of the tongue, And those who love it will eat its fruit.

Proverbs 16:24

Pleasant words are like a honeycomb, Sweetness to the soul and health to the bones.

Proverbs 25:11

A word fitly spoken is like apples of gold In settings of silver.

4. _____

1 Corinthians 10:31

Therefore, whether you eat or drink, or whatever you do, do all to the glory of God.

5. _____

1 Timothy 6:10

For the love of money is a root of all kinds of evil, for which some have strayed from the faith in their greediness, and pierced themselves through with many sorrows.

1 Timothy 6:6

Now godliness with contentment is great gain.